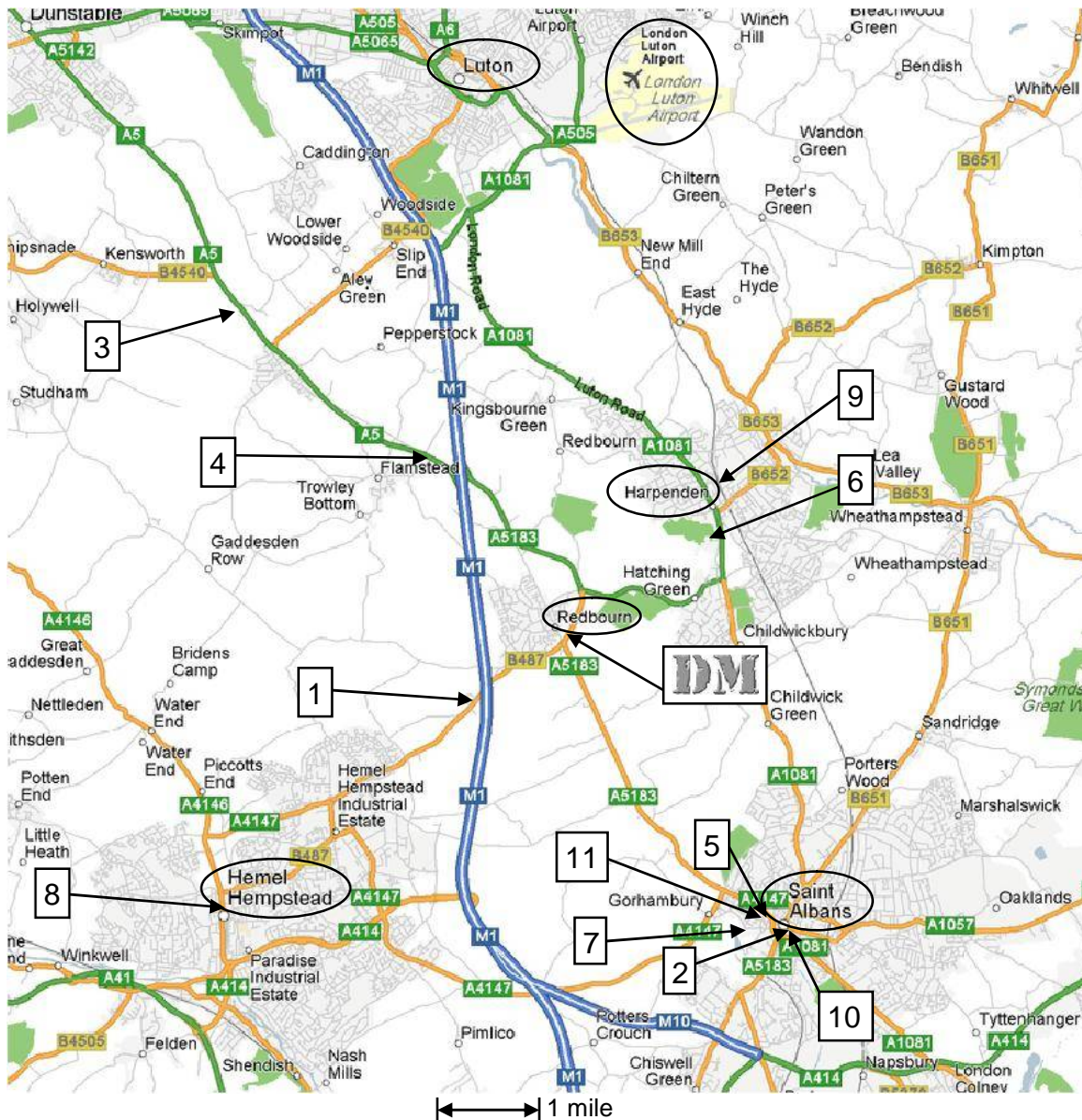




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## Local Accommodation List



### **REDBOURN LOCALITY**

Redbourn is a small English village set between the towns of Harpenden, St. Albans and Hemel Hempstead and close to Luton/Luton Airport. The village has local shops, a few restaurants and several pubs that serve good food. It is just off the M1 at Junction 9. The Aubrey Park Hotel is a 10 minute walk from us.

### **HARPENDEN** [www.harpenden.gov.uk](http://www.harpenden.gov.uk)

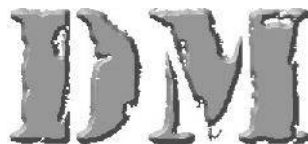
Harpenden is a small town with lots of amenities and good transport links. Hotels are a 2-3 minute walk to the centre of town with numerous good restaurants, pubs and take-aways. There is a local sports centre and the rail line is on the Thameslink line connecting it to Luton and Gatwick Airports as well as regular and fast trains to central London and St Pancras/Eurostar train stations.

### **Hemel Hempstead**

Hemel Hempstead is a modern town with a full range of high street stores, restaurants and local amenities including sports centre, cinema, ski slope, climbing wall etc.. The rail line is on the Midlands line connecting it to London Euston and Birmingham train stations.

### **St Albans**

St Albans is a Victorian City with a busy high street and numerous bars and restaurants. It is also on the Thameslink line connecting it to Luton and Gatwick Airports as well as regular and fast trains to central London and St Pancras/Eurostar train stations. Traffic can be heavy during peak times.



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This list is provided purely to assist our Customers as personal needs vary. Prices quoted are for guide purposes only, include VAT and are subject to availability & individual requirements at the time of booking. All accommodation bookings should be made directly with the Hotel as Dark Matter Composites does not endorse or have any responsibility for hotels on this list.

### HOTELS / BED & BREAKFAST ACCOMODATION

#### 1. Aubrey Park Hotel, Hemel Hempstead

Hemel Hempstead Road, Redbourn,  
Hertfordshire, AL3 7AF  
137 rooms, Corporate rate from £84.00\* per night  
Closest hotel within walking distance of our site  
\* Quote Dark Matter Composites when booking

01582 792105

[www.aubreypark.co.uk](http://www.aubreypark.co.uk)

#### 2. Clarion Collection Hotel

Ryder House, 27 Hollywell Hill  
St. Albans, AL1 1HQ  
60 rooms  
Please call direct for promotional offers

01727 848849

[www.stalbanshotel.co.uk](http://www.stalbanshotel.co.uk)

#### 3. Holiday Inn, Luton South

London Road, Markyate  
Hertfordshire, AL3 8HH  
140 rooms Corporate rate from £95.00\* per night  
\* Quote Dark Matter Composites when booking

0871 942 9281

[www.holidayinn.com](http://www.holidayinn.com)

#### 4. Premier Inn Luton South

London Road, Flamstead,  
Hertfordshire, AL3 8HT  
76 rooms discounted prices subject to time of booking

0871 527 8334

[www.premierinn.com](http://www.premierinn.com)

#### 5. Premier Inn St Albans

1 Adelaide Street, St Albans,  
Hertfordshire AL3 5BH  
123 rooms discounted prices subject to time of booking

0871 527 9464

[www.premierinn.com](http://www.premierinn.com)

#### 6. Silver Cup Public House

St Albans Road, Harpenden  
Hertfordshire, AL5 2JF  
6 rooms from £75.00 per night  
Discount available please call direct for details

01582 713095

[www.silvercupinharpenden.co.uk](http://www.silvercupinharpenden.co.uk)

#### 7. St Michael's Manor

Fishpool Street, St Albans,  
Hertfordshire, AL3 4RY  
4 Star, 30 rooms from £120.00 per night

01727 864444

[www.stmichaelsmanor.com](http://www.stmichaelsmanor.com)

### SERVICED APARTMENTS

Town centre serviced apartments available for short or long term let in Harpenden, Hemel Hempstead and St Albans

#### 8. Abode Bed & Continental

Apartments in Hemel Hempstead town centre  
Rent by day, week or month.  
From £90.00 per night

0845 055 9631

[www.abodebed.com](http://www.abodebed.com)

#### 9. Harpenden House

65 High Street, Harpenden,  
Herts AL5 2SL  
2 bedroom luxury apartments  
£138.00 per night, minimum 7 nights stay

01582 761642

[www.harpendenhouse.com](http://www.harpendenhouse.com)





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### 10. Home from Holme

Serviced apartments in central St. Albans  
From £91.80 per night

01727 765756

[www.homefromholme.com](http://www.homefromholme.com)

### 11. The Apartment Service

The Straw House - St Albans  
1 & 2 bedroom apartments in central St Albans  
From £108.00 per night

0208 944 1444

[www.apartmentservice.com](http://www.apartmentservice.com)

## Travel Information

### Delegate Expenses

- All travel, accommodation and general expenses are excluded from our course fees.
- We cannot provide costs or estimates for personal expenses, as each person's needs are very different.

### Location & Travel

- We are located outside of London, approximately 25 miles north of central London.
- Although Redbourn is in a village location, it is local to the main towns of Harpenden, St Albans, Hemel Hempstead and Luton, all of which are linked via road and are served by taxis, bus and rail networks.
- All these towns are within a few miles of each other and also have train links to central London as well as rail/bus links to London airports.

### Rail Links

- Harpenden, St Albans and Luton are connected to central London and Gatwick Airport via the 'Thameslink' rail service.
- The 'Eurostar' train service terminates at Kings Cross / St Pancras train station which is also on the 'Thameslink' line.
- Hemel Hempstead is connected to central London's Euston station, a short distance from Kings Cross / St Pancras.
- Harpenden train station is the closest and fast trains operate into central London regularly and take 20-25 minutes.
- There is a taxi rank at each of the local train stations.

### London Airports

- London Luton is the nearest Airport and a taxi to Redbourn/Harpenden and is between £18-£25, depending on the time of day.
- London Gatwick and Harpenden are directly connected by the 'Thameslink' train line and the journey time is about 80-90 minutes.
- London Heathrow is connected to London Luton via a coach service, alternatively the London Underground can be taken into central London connecting with the 'Thameslink' train line.
- London Stansted is connected to London Luton via a coach service, alternatively, overground trains can be taken into central London and then back out to Harpenden.

### Road Links

- We are located just off the main M1 motorway, between junctions 8 & 9
- The M25 motorway at junction 21 connects to the M1 at junction 6



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### **Accommodation**

- A local accommodation list is available on our website or upon request.
- Although Luton is further to travel for the courses, it is a university town and has cheaper lodgings and local services aimed at students, as well as some lodgings which have cooking facilities, the following web address will provide links to various facilities

[http://www.luton.gov.uk/internet/leisure\\_and\\_culture/tourism\\_and\\_travel/tourist%20information%20centres](http://www.luton.gov.uk/internet/leisure_and_culture/tourism_and_travel/tourist%20information%20centres)

### **Food**

Most pubs and restaurants serve vegetarian and fish dishes. There are halal stores in Hemel Hempstead and Luton. Luton also has a large Asian/Muslim community and numerous restaurants also serve vegetarian and halal dishes.

***The following web address provides useful information for the towns identified above***

<http://www.touruk.co.uk/hertfordshire/index.htm>